



Resources for Parents

(Alberta requires 10-digit dialing – use area code 780 unless otherwise noted)

Child Care and Preschool Referrals

Alberta Children and Youth Services
Parent Information Line 644-1366
Child & Family Services Region 6
Child Care Services/listings/Subsidies 427-0444
Edmonton Preschool Association
www.edmontonpreschools.com
YMCA of Edmonton – *Child Care Services* 429-5716

Crisis

AHS – Children’s Mental Health
Community Response Team (CRT) 413-4733
Crisis Line (telephone support; not 24 hrs) 427-4491
Child & Family Services Region 6
Crisis Unit (child abuse/neglect; 24 hrs) 427-3390
Kids Kottage (*crisis nursery; 24 hrs*) 944-2888
The Support Network – *Distress Line (24 hrs)* 482-4357

Cross-Cultural Parenting

Aboriginal Consulting Services Association 448-0378
ASSIST Community Services Centre (*Asian*) 429-3111
Ben Calf Robe Society 477-6648
Bent Arrow Traditional Healing Society 481-3451
Metis Child and Family Services Society 452-6100
Multicultural Health Brokers Co-op 423-1973
Native Counselling Services of Alberta 479-4793
OPTIONS Sexual Health Association 423-3737
Father & Child Activities (new immigrants)

Government Services/Websites with Parenting Info

Alberta Children & Youth Services
Bullying Help Line (24 hrs) 1-888-456-2323
Family Violence Info Line (24 hrs) 310-1818
www.familyviolence.alberta.ca
Parent Information Line 644-1366
(9 am – 9 pm, Mon – Sat; early childhood development; child care programs/services)
www.child.alberta.ca

Leisure Activities

Boys & Girls Clubs of Edmonton 422-6038
City of Edmonton Community Services 496-4999
Leisure Access Program (for low income) 496-4918
Edmonton Public Library (*for closest branch*) 496-7000
Suggestions for parent-child or child activities 211
YMCA of Edmonton (*for nearest of 4 locations*) 211

Parenting Children with Special Needs

Alberta Health Services (AHS)
Early Intervention Program (up to 3.5 yrs) 486-5437
Bissell Centre – *Parent-Child Advocacy (FAS)* 423-2285
Catholic Social Services –
FAS - Coaching Families 471-1122
Child & Family Services Region 6
Child Disability Resource Link 1-866-346-4661
Learning Disabilities Association of Alberta 466-1011
University of Alberta – Faculty of Education
Reading and Language Centre (\$50/yr) 492-3746

Parenting Classes and/or Support

Please contact agencies for more info on workshops and services available. Also see Cross-Cultural subheading.
*** Parent Link Centre sites**
*Bent Arrow Traditional Healing Society 481-3451
Aboriginal Parent Link Centre 474-2400
Bissell Centre – *Family Support Services* 423-2285 x162
Boys & Girls Clubs - *Parent Talk* 481-1292
(*e.g. Baby Steps for 0-6; Parents of Teens & Tweens; various workshops; no cost*)
Community Options 455-1818
Dickinsonfield Amity House 478-5022
The Family Centre – *Education Services* 917-8205
(*e.g. Parenting Toddlers; School Age Children; Teens; Challenging Children*)
Foundation for Families in Transformation 448-1180
(*support groups for children & their families grieving a death, separation or divorce: Rainbows, Spectrum, Prism programs*)
*Jasper Place Child & Family Resource Centre 489-2243
*KARA Family Resource Centre 478-5396
*Mill Woods Family Resource Centre 413-4521
Norwood Child & Family Resource Centre 471-3737
Parents Empowering Parents (*addictions*) 293-0737
St. Albert Parents’ Place 459-7377
Terra Centre for Pregnant and Parenting Teens 428-3772
Toughlove Support Group 464-5597
Unity Centre of Northeast Edmonton 478-6521

Single/Separated/Step-Parenting Courses

Alberta Justice & Attorney General (*no cost*)
Focus on Communication in Separation 644-5092
(*parents do not register together*)
Parenting after Separation (PAS) 413-9805
The Family Centre – *Education Services* 917-8205

For more information, or if you cannot find the particular service you are looking for:
Within Edmonton dial: 2-1-1 If 211 is not yet available in your area call: 780-482-INFO (4636)

www.211edmonton.com

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

Last Updated: November 2009 – please obtain a new copy if more than 6 months old

For copies of this and other resource lists go to www.211edmonton.com and click on “Resource Lists”.

The Support Network • Edmonton, Alberta • Phone: 780-482-0198 • Fax: 780-488-1495