



# Resources for Newcomers to Canada

(Alberta requires 10-digit dialing – use area code 780 unless otherwise noted)

## Citizenship & Classes

Citizenship & Immigration Centre 1-888-242-2100

### Citizenship Classes:

Changing Together-A Centre for Immigrant Women 421-0175  
Indo Canadian Women's Association 490-0477  
Welcome Centre for Immigrants 462-6924

## Education

Alberta Advanced Education – IQAS 427-2655  
*International Qualifications Assessment Services*  
Bredin Institute – Centre for Learning 425-3730  
*Centre for Skilled & Internationally Trained Professionals (e.g. engineers)*  
Edmonton Mennonite Centre for Newcomers 424-7709  
Norquest College 644-6000  
*Bridge to Health Care Aide* 644-6764  
*Employment Preparation Programs* 644-6000  
Welcome Centre for Immigrants 462-6924

## Employment Assistance

Alberta Employment & Immigration (AEI)  
*Alberta Foreign Worker Helpline* 644-9955  
ASSIST Community Services Centre 429-3111  
Changing Together – A Centre for Immigrant Women 421-0175  
Edmonton Mennonite Centre for Newcomers 421-7400  
Welcome Centre for Immigrants 462-6924

## English Language Training

ASSIST Community Services Centre 429-3111  
*Language & Education Programs*  
Catholic Social Services 424-3545  
*Language/Vocational Assessment*  
Changing Together – A Centre for Immigrant Women 421-0175  
*English as a Second Language*  
Edmonton Catholic Schools – LINC 944-2000  
Edmonton Immigrant Services Association (EISA) - *English as a Second Language* 474-8445  
Edmonton Mennonite Centre for Newcomers 423-9678  
*LINC; English as an Additional Language*  
Edmonton Public Schools 917-8653  
*English Language Institute (ESL classes)*  
NAIT – *English as a Second Language* 471-6248  
NorQuest College – LINC 644-6000  
P.A.L.S. – Project Adult Literacy Society 424-5514  
University of Alberta – Faculty of Extension 492-3036

## Family Violence

Changing Together – A Centre for Immigrant Women  
*Family Violence Prevention Program* 421-0175  
RoseNet: *Law & Abused Immigrant Women*  
[www.rosenet-ca.org](http://www.rosenet-ca.org)

## Health / Mental Health

AHS – *Health Link Alberta (24hrs)* 408-5465  
Multicultural Health Brokers Co-op 423-1973  
OPTIONS Sexual Health Association  
*Multicultural Sexual Health Education* 423-3737

## Supportive Services

ASSIST Community Services Centre 429-3111  
*(programming in English & Chinese)*  
Canadian Arab Friendship Association 473-7214  
Catholic Social Services  
*Host Friendship Program* 424-3545  
*Settlement Counselling* 424-3545  
Changing Together – A Centre for Immigrant Women 421-0175  
Edmonton Immigrant Services Association(EISA) 474-8445  
*New Neighbours Program* 474-8445  
Edmonton Mennonite Centre for Newcomers 424-7709  
*Settlement Services* 424-7709  
Edmonton Multicultural Society 420-6832  
*Online Multicultural Resource Directory*  
(links to local multicultural/ethnic organizations)

[www.edmontonmulticultural-ems.org](http://www.edmontonmulticultural-ems.org)

Edmonton Viets Association 424-8934  
Filipino Society for Growth & Change (FSGC) 406-0828  
*Live In/Out Caregivers Support Group* 406-0828  
Islamic Family Social Services Association 430-9220  
Jewish Family Services 454-1194  
Multicultural Health Brokers Co-op 423-1973  
*(perinatal health; chronic disease, Prevention and management)*  
SAGE – Seniors Association of Greater Edmonton  
*Multicultural Seniors Outreach Program* 701-9018  
South Asian Humanitarian Aid & Resettlement 414-1053  
Ukrainian Canadian Social Services 471-4477  
Welcome Centre for Immigrants 462-6924

## Translation Services

Edmonton Immigrant Services Association (EISA)  
*Language Bank Program* 474-8445  
The Family Centre  
*Professional Interpretation & Translation* 448-2627

For more information, or if you cannot find the particular service you are looking for:

**Within Edmonton dial: 2-1-1 If 211 is not yet available in your area call: 780-482-INFO (4636)**

[www.211edmonton.com](http://www.211edmonton.com)

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

Last Updated: May 2010 – please obtain a new copy if more than 6 months old

For copies of this and other resource lists go to [www.211edmonton.com](http://www.211edmonton.com) and click on “Resource Lists”.

The Support Network • Edmonton, Alberta • Phone: 780-482-0198 • Fax: 780-488-1495