



Resources for Children

(Alberta requires 10-digit dialing – use area code 780 unless otherwise noted)

Counselling

The Family Centre (6-9 yrs) 424-5580

Grief Counselling Programs:

Foundation for Families in Transformation
(5-14 yrs) 448-1180

Kids on Track Association (5-15 yrs) 481-2942 x7

Mill Woods Family Resource Centre
(5-14 yrs) 413-4521 x207

Pilgrims Hospice Society
(4-12 yrs) 413-9801 x309

West Edmonton Christian Assembly
(5 yrs+) 489-2579 x249

YWCA (4-18 yrs) 423-9922 x222

Play Therapy:

Catholic Social Services (2-18 yrs) 420-1970

University of Alberta - Clinical Services 492-3746

Disabilities

Ability Society of Alberta
Early Birds (up to age 18) 442-2740

Alberta Health Services
Early Intervention (0-3.5 yrs) 486-5437
Social Skills Group (6-12 yrs) 413-4700

Centre for Autism Services 488-6600

Connect Society
Early Intervention (Deaf) (0-3.5 yrs) 454-9581 Ext. 226

Edmonton Down Syndrome Society
Play Group (0-5 yrs) 944-4224

Elves Special Needs Society 454-5310
(2.5 yrs and older, severe developmental disabilities)

The GRIT Program
Early Childhood Program (2.5-6 yrs) 454-9910

KARA Family Resource Centre
Developmental screening for children 478-5396

Steadward Centre for Personal & Physical Achievement
Motor Skill Development (4-12 yrs) 492-8269

Early Childhood Education

Alberta Health Services
Pre-school Speech & Language (0-5 yrs) 408-8793

Head Start Programs:

ABC Head Start (3.5-5 yrs) 461-5353

E4C (3.5-5 yrs) 475-1020

Norwood Child & Family Resource Centre
(0-6 yrs) 471-3737

Oliver Centre Early Learning Progs 482-2116 x233
(1-5yrs)

Leisure/Recreation

A.C.T. Centre Drop In Programs
Indoor Playground 496-1494 (311)

City of Edmonton Community Services 496-4999 (311)
Leisure Access Program (2-17yrs) 496-4918

City of Edmonton Recreation Facilities 311

Edmonton Public Library
Children's Programs contact local branch

Edmonton Sport Council (*sport referrals*) 497-7678

Kids on Track Association
Monthly Rally (Gr. 1-6) (entertainment, multimedia, object and interactive lessons, special events) 481-2942

KidsSport (*funding; 5-18 yrs*) 487-2666

Greater Edmonton & Area Parent Center
Indoor Playground (0-5 yrs) 465-3976

Sport Central Association (*no cost equip.*) 477-1166

YMCA contact local branch
Jumpstart (5-18 yrs) 429-5725

Mental Health

Alberta Health Services
Child & Family Mental Health (5-18 yrs) 735-7999
Children's Mental Health Community Response Team (under 18 yrs) 413-4733/427-4491

Regional Children's Mental Health:

Crisis Line (5-17 yrs) 427-4491
Intake (5-17yrs) 413-4700

Canadian Mental Health Association - Edmonton Region (CMHA-ER)
Social Recreation Programs (6-12 yrs) 414-6304

CASA Child, Adolescent and Family Mental Health
under 3 yrs 438-0011
3-17 yrs call Children's Mental Health Intake 413-4700

Royal Alexandra Hospital
Mental Health Services 735-4111

Violence

Aboriginal Consulting Services Association of Alberta
Teaching Circles for Children who Witness Abuse (6-17 yrs) 448-0378

Child & Family Services Authority Region #6
Bullying Hotline 1-888-456-2323
Child Abuse Hotline (under 18 yrs) 1-800-387-5437

Kids Help Phone (under 18 yrs) 1-800-668-6868

Sexual Assault Centre of Edmonton
Counselling (over 3 yrs) 423-4102

For more information, or if you cannot find the particular service you are looking for:

Within Edmonton dial: 2-1-1 If 211 is not yet available in your area call: 780-482-INFO (4636)

www.211edmonton.com

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

Last Updated: November 2009 – please obtain a new copy if more than 6 months old

For copies of this and other resource lists go to www.211edmonton.com and click on “Resource Lists”.

The Support Network • Edmonton, Alberta • Phone: 780-482-0198 • Fax: 780-488-1495