



Resources for People with Addictions

(Alberta requires 10-digit dialing – use area code 780 unless otherwise noted)

Addictions Counselling

AHS Addiction & Mental Health (FKA: AADAC)
Adult Counselling & Prevention Services 427-2736
AHS Enhanced Services for Women 427-2736
AHS Family Violence 427-2736
Opioid (Opiate) Dependency Program 422-1302
Youth Services (12–17 yrs) 422-7383
 Catholic Social Services – *Genesis II – Youth & Family Substance Abuse Treatment* 471-1122
 Poundmakers Lodge - *Gambling Program* 458-1884

Detoxification Programs

AHS Addiction & Mental Health (FKA: AADAC)
AHS Edmonton Recovery Centre 427-4291
 George Spady Centre Society 424-8335

Eating Disorders – Info/Treatment

AHS – *Eating Disorder Program* 407-6114
 Anorexics and Bulimics Anonymous. 443-6077

Residential Programs

AHS Addiction & Mental Health (FKA: AADAC)
AHS Henwood Treatment Program 422-4466
 (men/women; alcohol, drugs, gambling)
 Alberta Housing & Urban Affairs
Gunn Centre (indigent men) 967-2221
 Catholic Social Services
Alpha House (men over 18; 12 step) 473-5957
 Hope Mission (Men’s Ministry) (18-60; homeless)
Residential Addiction Treatment Program 429-3470
 Jellinek Society (adult men recovering from cross-addictions & alcoholism) 488-1160
 McDougall House Association 426-1409
 (women 18+; recovering from addictions)
 Our House Addiction Recovery Centre 474-8945
 (men only; alcohol, drugs, gambling; outreach services to men & women)
 Oxford House Foundation of Canada 1-877-214-5764
 (men/women; recovering from addictions)
 Poundmakers Lodge Treatment Centre 458-1884
 (men/women; alcohol, drugs, gambling)
 Recovery Acres Society 471-2969
 (men only; alcohol & drugs)
 Salvation Army
Addiction & Residential Centre (ARC) 429-4274
 (men/women; alcohol, drugs, gambling)

Residential Programs - Youth

AHS Addiction & Mental Health (FKA: AADAC)
Youth Services (12-17 yrs) 422-7383

Self Help Groups

Al-Anon Family Groups
Al-Anon/Al-Anon Adult Children Program 433-1818
Alateen Program 433-1818
 Alano Club (AA members & families) 423-1807
 Alcoholics Anonymous 424-5900
 Anorexics and Bulimics Anonymous 443-6077
 Cocaine Anonymous & Co-Anon (24 hrs) 425-2715
 Crystal Meth Anonymous 297-9285/
 471-4705
 Dual Recovery Anonymous 919-1464/977-7750
 Gamblers Anonymous (Northern Alberta) 463-0892
 Men for Sobriety 946-6906
 Narcotics Anonymous (Edmonton Area) 421-4429
 Nicotine Anonymous 443-3020
 Overeaters Anonymous (OA) 423-2546
 Problem Gambling Resources Network 461-1259
 SAA (Sex Addicts Anonymous) 429-9886
 Sexaholics Anonymous (SA) 988-4411
 Women for Sobriety 484-3033

Support/Info for Those Affected By Addictions

AHS Addiction & Mental Health (FKA: AADAC)
AADAC Website www.aadac.com
Adult Counselling & Prevention Services 427-2736

AHS Addiction Help Line – 24 hrs 1-866-332-2322
 (Alcohol Abuse, Drug Abuse, Gambling, Smokers’ Help Line)

Youth Services 422-7383
 (includes Adolescent Information Series, Parent Support Group, Protection of Children Abusing Drugs [PChAD] Program)
 Bissell Centre
Fetal Alcohol Spectrum of Services 423-2285 x132
 Catholic Social Services
FASD programs (fetal alcohol related) 477-1999
FASD resource website www.fasd.typepad.com
 Clean Scene Network for Youth 488-0036
 Parents Empowering Parents (PEP) 293-0737
U-Turn (support group for youth wishing to quit drugs & alcohol) 417-9760 x230

For more information, or if you cannot find the particular service you are looking for:
Within Edmonton dial: 2-1-1 If 211 is not yet available in your area call: 780-482-INFO (4636)
www.211edmonton.com

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

Last Updated: May 2010 – please obtain a new copy if more than 6 months old

For copies of this and other resource lists go to www.211edmonton.com and click on “Resource Lists”.

The Support Network • Edmonton, Alberta • Phone: 780-482-0198 • Fax: 780-488-1495