



Resources for People with Addictions

(Alberta requires 10-digit dialing – use area code 780 unless otherwise noted)

Addictions Counselling

AHS Addiction & Mental Health (FKA: AADAC)	
<i>Adult Counselling & Prevention Services</i>	427-2736
<i>AHS Enhanced Services for Women</i>	427-2736
<i>AHS Family Violence</i>	427-2736
<i>Opioid (Opiate) Dependency Program</i>	422-1302
<i>Youth Services (12–17 yrs)</i>	422-7383
Catholic Social Services – <i>Genesis II</i> –	471-1122
<i>Youth & Family Substance Abuse Treatment</i>	
Poundmakers Lodge - <i>Gambling Program</i>	458-1884

Detoxification Programs

AHS Addiction & Mental Health (FKA: AADAC)	
<i>AHS Edmonton Recovery Centre</i>	427-4291
George Spady Centre Society	424-8335

Eating Disorders – Info/Treatment

AHS – <i>Eating Disorder Program</i>	407-6575
Me Without Measure-Eating Disorder Org.	944-2864

Residential Programs

AHS Addiction & Mental Health (FKA: AADAC)	
<i>AHS Henwood Treatment Program</i>	422-9069
<i>(men/women; alcohol, drugs, gambling)</i>	
Alberta Housing & Urban Affairs	
<i>Gunn Centre (indigent men)</i>	967-2221
Catholic Social Services	
<i>Alpha House (men over 18; 12 step)</i>	473-5957
Hope Mission (Men’s Ministry) <i>(18-60; homeless)</i>	
<i>Residential Addiction Treatment Program</i>	429-3470
Jellinek Society <i>(adult men recovering</i>	488-1160
<i>from cross-addictions & alcoholism)</i>	
McDougall House Association	426-1409
<i>(women 18+; recovering from addictions)</i>	
Our House Addiction Recovery Centre	474-8945
<i>(men only; alcohol, drugs, gambling;</i>	
<i>outreach services to men & women)</i>	
Oxford House Foundation of Canada	1-877-214-5764
<i>(men/women; recovering from addictions)</i>	
Poundmakers Lodge Treatment Centre	458-1884
<i>(men/women; alcohol, drugs, gambling)</i>	
Recovery Acres Society	471-2969
<i>(men only; alcohol & drugs)</i>	
Salvation Army	
<i>Addiction & Residential Centre (ARC)</i>	429-4274
<i>(men/women; alcohol, drugs, gambling)</i>	

Residential Programs - Youth

AHS Addiction & Mental Health (FKA: AADAC)	
<i>Youth Services (12-17 yrs)</i>	422-7383

Self Help Groups

Al-Anon Family Groups	
<i>Al-Anon/Al-Anon Adult Children Program</i>	433-1818
<i>Alateen Program</i>	433-1818
Alano Club <i>(AA members & families)</i>	423-1807
Alcoholics Anonymous (AA) Support Group	424-5900
Anorexics and Bulimics Anonymous	443-6077
Cocaine Anonymous & Co-Anon <i>(24 hrs)</i>	425-2715
Crystal Meth Anonymous	297-9285/ 471-4705
Dual Recovery Anonymous	919-1464/977-7750
Gamblers Anonymous (Northern Alberta)	463-0892
Men for Sobriety	909-0215
Narcotics Anonymous (Edmonton Area)	421-4429
Nicotine Anonymous	443-3020
Overeaters Anonymous (OA)	423-2546
Problem Gambling Resources Network	461-1259
SAA (Sex Addicts Anonymous)	429-9886
Sexaholics Anonymous (SA) & S-Anon	988-4411
Women for Sobriety	484-3033

Support/Info for Those Affected By Addictions

AHS Addiction & Mental Health (FKA: AADAC)	
<i>AADAC Website</i>	www.aadac.com
<i>Adult Counselling & Prevention Services</i>	427-2736
<i>AHS Addiction Help Line – 24 hrs</i>	1-866-332-2322
<i>(Alcohol Abuse, Drug Abuse,</i>	
<i>Gambling, Smokers’ Help Line)</i>	
<i>Youth Services</i>	422-7383
<i>(includes Adolescent Information Series,</i>	
<i>Parent Support Group, Protection of</i>	
<i>Children Abusing Drugs [PChAD] Program)</i>	
Bissell Centre	
<i>Fetal Alcohol Spectrum of Services</i>	423-2285 x132
Catholic Social Services	
<i>FASD programs (fetal alcohol related)</i>	477-1999
<i>FASD resource website</i>	www.fasd.typepad.com
Clean Scene Network for Youth	488-0036
Parents Empowering Parents (PEP)	293-0737
<i>U-Turn (support group for youth</i>	417-9760 x230
<i>wishing to quit drugs & alcohol)</i>	

For more information, or if you cannot find the particular service you are looking for:

Within Edmonton dial: 2-1-1 If 211 is not yet available in your area call: 780-482-INFO (4636)

www.211edmonton.com

Inclusion of an agency or service on this list does not constitute an endorsement by 211.

Last Updated: November 2009 – please obtain a new copy if more than 6 months old

For copies of this and other resource lists go to www.211edmonton.com and click on “Resource Lists”.

The Support Network • Edmonton, Alberta • Phone: 780-482-0198 • Fax: 780-488-1495