



(Note: please see our other Resource Lists for additional resources)

Basic Needs/Financial (also see Basic Needs list)

- Alberta Employment, Immigration, and Industry (AEII)
- Income Support Contact Centre (24 hrs)* 644-5135
- Income Support and employment information*
- City Centre (105 Street Site) 415-4900
- North (Fort Road) 422-9440
- South (Argyll Centre) 644-2888
- West (Meadowlark) 415-8116
- Credit Counselling Services of Alberta 408-7708
- Edmonton's Food Bank 425-4190
- Hope Mission – Herb Jamieson Centre (18-60) 429-3470
- Salvation Army – Short Term Residence 429-4274
- YMCA of Edmonton (short term housing) 421-9622

Counselling (*no cost)

- Catholic Social Services 420-1970
- City of Edmonton Community Services
- *Assessment and Short-Term Counselling* 496-4777
- Cornerstone Counselling Centre 482-6215
- Family Centre, The 424-5580
- Jewish Family Services 454-1194
- Edmonton Bereavement Centre* 454-1231 x.224
- Psychologists' Association of Alberta
- Referral Line Service* 428-8255 (TALK)
- The Support Network
- *Walk-In Counselling (call first)* 482-0198
- University of Alberta – Faculty of Education
- Counselling Centre* (individual, couple, family; \$50/yr; first come basis; apply Sept – March) 492-3746
- YWCA Edmonton – *Counselling Centre* 423-9922 x.222

Crisis

- Alberta Alcohol & Drug Abuse Commission (AADAC)
- AADAC Help Line (24 hrs)* 1-866-332-2322
- AADAC Recovery Centre (detox; 24 hrs)* 427-4291
- Child & Family Services Region 6
- Crisis Unit (child abuse/neglect; 24 hrs)* 427-3390
- Sexual Assault Centre of Edmonton (24 hrs)
- The Support Network
- Distress Line (24 hrs)* 482-4357

Employment

- Alberta Employment, Immigration, and Industry (AEII)
- Alberta JOBS Hotline (24 hrs)* 427-5627
- Career Information Hotline* 422-4266
- Human Resources & Social Development Canada
- Employment Insurance (EI)* 1-800-206-7218

Family Violence & Abuse (also see this Resource List)

- Aboriginal Consulting Services Association 448-0378
- Family Violence Teaching Circles for Men*
- Ben Calf Robe Society - "In a Good Way" 477-6648
- (self awareness & anger management; 24 wks)
- City of Edmonton Community Services
- From Chaos to Peace* (education/support group for male victims of partner abuse) 496-4777
- Edmonton Family Violence Treatment Education and Research Centre
- Changing Ways* 439-4635
- (16 wk. group for men who are, or have been abusive to female partners & want to change)
- Edmonton John Howard Society
- Family Violence Prevention Centre* 423-1635
- Family Centre, The
- Men Dealing with Their Abusive Behavior* 424-5580

Health and Sexuality

- Capital Health
- Capital Health Link (24 hrs)* 408-5465 (LINK)
- Sexually Transmitted Disease Centre* 413-5156
- OPTIONS Sexual Health Association 423-3737
- Pride Centre of Edmonton 488-3234

Legal Resources

- Alberta Justice & Attorney General
- Family Law Information Centre* 415-0404
- Family Mediation Services* 427-8329
- Maintenance Enforcement Program* 422-5555
- Edmonton Community Legal Centre 702-1725
- Law Society of Alberta
- Lawyer Referral Service* 1-800-661-1095
- Legal Aid Alberta 427-7575
- Alberta Law Line* 644-7777
- Student Legal Services of Edmonton 492-2226

Relationships/Support

- City of Edmonton Community Services
- Men's Support Services (no cost)
- Men & Relationships Weekender* 496-4777
- Men Without Hats* (drop-in) 496-4777
- Men's Talk & Do 1 & 2* 496-4777
- Mars Hill Centre (faith based groups re childhood sexual abuse; relationships; identity) 435-0202
- Men's Help Line, The 452-7193
- Women/Men for Sobriety 459-8689

For more information, or if you cannot find the particular service you are looking for:

Within Edmonton dial: 2-1-1 Outside of Edmonton call: 482-INFO (4636) www.211edmonton.info

Inclusion of an agency or service on this list does not constitute an endorsement by The Support Network.
Last Updated: April 14, 2008 – please obtain a new copy if more than 6 months old
For copies of this and other resource lists go to www.thesupportnetwork.com and click on "Resource Lists".